

Rec Sports Participation

In the spring of 2023 a study was done between Institutional Effectiveness and Rec Sports to see the impact that Intramural League participation has on First-Time in College (FTIC) students.

216 First-time in College Students for Fall 2021 where identified as participating in Intramural League during their first semester at WT. This group was compared to all of the FTIC's for Fall 2021 (1242 students).

Retention from Fall 2021 to Fall 2022 had a difference of 9.1% in favor of those participating in Intramural Leagues.

Average first-term GPA was also higher for FTICs participating in intramural leagues 2.951 versus 2.824 for students who did not participate.

Average credit attempted for FTIC's who participated in intramural sports was 13.68 versus those who did not participate had the average of 13.69. Almost an identical amount of credit was enrolled in across the two groups. However, the average credit earned was not identical. FTIC's participating in intramural sports earned 11.8 on average, where FTIC's not participating in intramural sports earned 11.2 average credit hours.

Based on these findings presented above, it can be interpreted that FTIC's involvement in intramural sports positively impacts a student's academic performance and retention at WT.

